**Session 2024-25 Semester I (Odd)**

**Lesson Plan for Arts/ Physical Sciences/ Life Sciences/ Commerce**

**Name of Program: UG Multi/ Interdisciplinary Program in Home Science**

**Name of Course: Discipline Specific Course/ Major Course (DSC)**

**Nomenclature of Course: Home and Interior Décor theory**

**Course Code: 24HSCSM401DS01**

**Credits (L+T+P): 3 Marks: 75**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Interior Decoration- Introduction and Objectives |
|  | 5th week | Elements of art in Interior Decoration- Introduction and Importance |
| **August** | 1st week | Designs and its types |
|  | 2nd week | Types of design: structural and decorative and its application |
|  | 3rd week | Types of design: structural and decorative and its application |
|  | 4th  week | Elements of art: line, form, texture, light, pattern, colour, space and its application in interior decoration |
|  | 5th week | Elements of art: line, form, texture, light, pattern, colour, space and its application in interior decoration |
| **September** | 1st week | Revision and Class Test |
|  | 2nd week | Principles of design: Rhythm, balance, proportion, and its application in interior decoration |
|  | 3rd week | Principles of design: emphasis, harmony and its application in interior decoration |
|  | 4th week | Revision and Assignment |
|  | 5th week | Colour: Properties of colour, psychological effect of colour |
| **October** | 1st week | Color Schemes and its application in the interior of a house. |
|  | 2nd week | Table setting and table manners: Informal and formal table settings (buffet style, Indian style restaurant style, Cafe style) |
|  | 3rd week | Furniture: Types of furniture, furniture arrangement for different areas (bedroom, drawing room, dining room, kitchen and its types). |
|  | 4th week | Flower arrangement:  a) Different types of Flower arrangement  b) Accessories used and points to be considered for flower-arrangement.  c) Flower decoration for different occasions. |
| **November** | 2nd week | Flower arrangement:  Flower decoration for different occasions.  Furnishings:  a) Soft Furnishing (curtains, cushions, pillow and material for upholstered furniture.  b) Wall treatment and its types. |
|  | 3rd week | Furnishings:.  c) Window treatment and decoration.  d) Types of floor coverings. |

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**Session 2024-25 Semester I (Odd)**

**Lesson Plan for Arts/ Physical Sciences/ Life Sciences/ Commerce**

**Name of Program: UG Multi/ Interdisciplinary Program in Home Science**

**Name of Course: Discipline Specific Course/ Major Course (DSC)**

**Nomenclature of Course: Home and Interior Décor Practical**

**Course Code: 24HSCSM401DS01**

**Credits (L+T+P): 1 Marks: 25**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Creating Art pieces |
|  | 5th week | Creating Art pieces |
| **August** | 1st week | Creating Art pieces |
|  | 2nd week | File checking |
|  | 3rd week | Table setting |
|  | 4th  week | Table manners |
|  | 5th week | File checking and practice |
| **September** | 1st week | File checking and practice |
|  | 2nd week | Flower arrangement |
|  | 3rd week | Flower arrangement |
|  | 4th week | File checking and practice |
|  | 5th week | File checking and practice |
| **October** | 1st week | Planning color schemes manual |
|  | 2nd week | Planning color schemes manual |
|  | 3rd week | Planning color schemes computer aided |
|  | 4th week | Planning color schemes computer aided |
| **November** | 2nd week | File checking and practice |
|  | 3rd week | File checking and practice |

**Session 2024-25 Semester I (Odd)**

**Lesson Plan for Arts/ Physical Sciences/ Life Sciences/ Commerce**

**Name of Program: UG Multi/ Interdisciplinary Program in Home Science**

**Name of Course: Minor Course (MIC) B.A**

**Nomenclature of Course: Elementary Home Science- I**

**Course Code: 24HSC401MI01**

**Credits (L+T+P): 2+2 Marks: 50**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Introduction to Home science: Concept and Scope |
|  | 5th week | Elements of Art  line, form, texture, light, pattern, colour, space and its application in interior decoration |
| **August** | 1st week | Elements of Art  colour, space and its application in interior decoration |
|  | 2nd week | Elements of Art:  application in interior decoration, Revision and Doubts. |
|  | 3rd week | Classification and Function of Food |
|  | 4th  week | Balanced diet and Food groups |
|  | 5th week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Carbohydrate. Revision |
| **September** | 1st week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Carbohydrate. Revision, Doubts and test |
|  | 2nd week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Protein and Revision. |
|  | 3rd week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Protein and Revision and Class Test |
|  | 4th week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Fat, Revision. |
|  | 5th week | Definition, Classification, Source, Function, sources, function, daily requirement and Deficiency of Fat, Revision and Class test. |
| **October** | 1st week | Yarn: Definition, Properties and Types |
|  | 2nd week | Weaving: Definition, Types and Variations |
|  | 3rd week | Weaving: Variation. Revision and Doubts session |
|  | 4th week | Meaning, Definition, Scope and Stages of Human Development. |
| **November** | 2nd week | Prenatal Development : Conception, stages |
|  | 3rd week | Pre-natal development and factors affecting pre-natal development. |

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**Session 2024-25 Semester I (Odd)**

**Lesson Plan for Arts/ Physical Sciences/ Life Sciences/ Commerce**

**Name of Program: UG Multi/ Interdisciplinary Program in Home Science**

**Name of Course: Minor Course (MIC) B.A**

**Nomenclature of Course: Elementary Home Science- I Practical**

**Course Code: 24HSC401MI01**

**Credits (L+T+P): 2+2 Marks: 50**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Draw Color Wheel |
|  | 5th week | Draw Color Wheel |
| **August** | 1st week | Draw Color Wheel |
|  | 2nd week | File checking |
|  | 3rd week | Table setting |
|  | 4th  week | Chart making |
|  | 5th week | File checking and practice |
| **September** | 1st week | Decorative article from waste material |
|  | 2nd week | Decorative article from waste material |
|  | 3rd week | Practice |
|  | 4th week | Standard Household Weighs and measures |
|  | 5th week | Standard Household Weighs and measures |
| **October** | 1st week | Recipe form Cereals |
|  | 2nd week | Recipe form pulses |
|  | 3rd week | Recipe form milk |
|  | 4th week | Recipe form Vegetables |
| **November** | 2nd week | Recipe form fruits |
|  | 3rd week | File checking and practice |

**Session 2024-25 Semester I (Odd)**

**Lesson Plan for Arts/ Physical Sciences/ Life Sciences/ Commerce**

**Name of Program: UG Multi/Interdisciplinary Program in**

**Name of Course: Skill Enhancement Course (SEC)**

**Nomenclature of Course: Art In every Day Life**

**Course Code:** 24HSC401SE01

**Credits (L+T+P): P-3 Marks: 75**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Upcycling |
|  | 5th week | Upcycling |
| **August** | 1st week | Upcycling |
|  | 2nd week | Best out of Waste |
|  | 3rd week | Best out of Waste |
|  | 4th  week | Folder/Card Making |
|  | 5th week | Folder/Card Making |
| **September** | 1st week | Soft toys making/Puppet making |
|  | 2nd week | Soft toys making/Puppet making |
|  | 3rd week | Mandala Art/Resin Art/Worli art/Lipan Art |
|  | 4th week | Mandala Art/Resin Art/Worli art/Lipan Art |
|  | 5th week | Dry flower Arrangement and artificial flower making |
| **October** | 1st week | Dry flower Arrangement and artificial flower making |
|  | 2nd week | Stone Panting/MGF wood Painting/Bottle Decoration |
|  | 3rd week | Stone Panting/MGF wood Painting/Bottle Decoration |
|  | 4th week | Tie and Dye/ Batik |
| **November** | 2nd week | Tie and Dye/ Batik |
|  | 3rd week | Candle Making, Envelope and Paper bag Making |

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**Session 2024-25 Semester III (Odd)**

**Lesson Plan for UG Classes B.A./ B.Sc./ B.Com. (2nd Year)**

**Class: B.A II year Subject: Home Science**

**Paper Code: HS03 Marks: 65**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Definition and Classification of fibers |
|  | 5th week | Properties of different Fibers: Cotton and silk |
| **August** | 1st week | Properties of different Fibers: wool and Nylon, Revision |
|  | 2nd week | Brief Introduction of Weaving |
|  | 3rd week | Weaving and its types: Plain and twill Satin and Revision |
|  | 4th  week | Finishing Processes in Fabrics: Meaning and Objectives |
|  | 5th week | Types of Finishes: Calendaring, Sizing and Mercerizing |
| **September** | 1st week | Types of Finishes: Mercerizing, Crease Resistant, Revision and Class test |
|  | 2nd week | Dyeing: Introduction and Types: Simple Dyeing |
|  | 3rd week | Dyeing: Resist Dyeing and dyeing at different Stages |
|  | 4th week | Printing Methods and Revision |
|  | 5th week | Factors affecting Selection of Fabrics |
| **October** | 1st week | Traditional Embroideries of India |
|  | 2nd week | Traditional Sarees and Textiles of India |
|  | 3rd week | Traditional Sarees and Textiles of India, Revision and Assignment |
|  | 4th week | Soaps and Detergents |
| **November** | 2nd week | Starches, Blues and Bleaches |
|  | 3rd week | Different Methos and Reagents of Laundry, Stain Removal. Revision |

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| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **August** | 4th  week | Basic stitches – tucking running stitches |
|  | 5th week | Back stitch, Hemming |
| **September** | 1st week | Button hole stitch, Blanket stitch |
|  | 2nd week | File checking and query solving |
|  | 3rd week | Embroidery stitches- Chain stitch, Laisy daisy stitch |
|  | 4th week | Stem stitch, Herring bone stitch |
|  | 5th week | File checking and query solving |
| **October** | 1st week | Preparation of samples of basic seams: plain, French, lapped, Counter, run and fell seam |
|  | 2nd week | Gathers into a band, Pleats (knife and box) |
|  | 3rd week | Dart (simple and fish dart) |
|  | 4th week | Placket opening (continuous and two piece) |
|  | 5th week | File checking and query solving |
| **November** | 1st week | Tucks (pin and cross) |
|  | 2nd week | Studying different techniques of tie and dye |
|  | 3rd week | Making samples different tie and dye design |
|  | 4th week | Making samples of block printing |
|  | 5th week | File checking and query solving |
| **December** | 1st week | File checking and practice |
|  | 2nd week | File checking and practice |

**Session 2024-25 Semester III (Odd)**

**Lesson Plan for UG Classes B.A./ B.Sc./ B.Com. (2nd Year)**

**Class: B.A II year Subject: Home Science**

**Paper Code: HS03 Marks: 25**

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**Session 2024-25 Semester V (Odd)**

**Lesson Plan for UG Classes B.A./ B.Sc./ B.Com. (3rd Year)**

**Class: B.A. 5th Sem Subject: Home Science**

**Paper Code: HS05 Marks: 65**

| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **July** | 4th week | Food Classification and Functions of food groups |
|  | 5th week | Essential Food Constituents: Carbohydrates |
| **August** | 1st week | Protein and Fats |
|  | 2nd week | Water and Vitamins: A, D, C , B1, B2 and Niacin |
|  | 3rd week | Minerals: Calcium, Phosphorous and Iodine |
|  | 4th  week | Importance and Methods of Cooking |
|  | 5th week | Effects of Cooking on Different Nutrients, Advantages and Disadvantages |
| **September** | 1st week | Dry Heat- Roasting, Grilling, baking |
|  | 2nd week | Frying and Microwave Cooking, Revision |
|  | 3rd week | Importance and Methods of enhancing Nutritive value of food stuffs: Sprouting and Fermentation. |
|  | 4th week | Importance and Methods of enhancing Nutritive value of food stuffs: Combination and Supplementation. Revision and Class Test |
|  | 5th week | Food Preservation |
| **October** | 1st week | Food spoilage |
|  | 2nd week | Methods of Food Preservation. Assignment and Revision |
|  | 3rd week | Meal Planning: Concept, Principles and factors affecting meal planning. |
|  | 4th week | Planning meal for: School going child, Adolescents |
| **November** | 2nd week | Planning meal for: Adults, Pregnant Women |
|  | 3rd week | Planning meal for: Lactating Mothers. Revision. |

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| **MONTH** | **WEEK** | **SYLLABUS** |
| --- | --- | --- |
| **August** | 4th  week | Methods of coking and recipe writing |
|  | 5th week | Preparation of different types of hot beverages |
| **September** | 1st week | Preparation of soups |
|  | 2nd week | Preparation of cold beverages |
|  | 3rd week | Preparation of deserts and sweets |
|  | 4th week | Preparation of different cakes |
|  | 5th week | File checking and query solving |
| **October** | 1st week | Recipe writing |
|  | 2nd week | Preparation of salads |
|  | 3rd week | Preparation of breakfast dishes |
|  | 4th week | File checking and query solving |
|  | 5th week | Recipe writing |
| **November** | 1st week | Preparation of main meal dishes |
|  | 2nd week | Preparation of different type of rice |
|  | 3rd week | File checking and query solving |
|  | 4th week | Preparation of different chutneys |
|  | 5th week | Query solving |
| **December** | 1st week | File checking and Practice |
|  | 2nd week | File checking and Practice |
| **MONTH** | **WEEK** | **SYLLABUS** |
| **August** | 4th  week | Methods of coking and recipe writing |
|  | 5th week | Preparation of different types of hot beverages |
| **September** | 1st week | Preparation of soups |
|  | 2nd week | Preparation of cold beverages |
|  | 3rd week | Preparation of deserts and sweets |
|  | 4th week | Preparation of different cakes |
|  | 5th week | File checking and query solving |
| **October** | 1st week | Recipe writing |
|  | 2nd week | Preparation of salads |
|  | 3rd week | Preparation of breakfast dishes |
|  | 4th week | File checking and query solving |
|  | 5th week | Recipe writing |
| **November** | 1st week | Preparation of main meal dishes |
|  | 2nd week | Preparation of different type of rice |
|  | 3rd week | File checking and query solving |
|  | 4th week | Preparation of different chutneys |
|  | 5th week | Query solving |
| **December** | 1st week | File checking and Practice |
|  | 2nd week | File checking and Practice |