

**GOVERNMENT COLLEGE FOR WOMEN  
LAKHAN MAJRA (ROHTAK)  
NATIONAL SERVICE SCHEME – UNIT I AND II  
REPORT OF (SESSION 2020-21)  
FROM 19<sup>th</sup> FEB. TO 25<sup>th</sup> FEB., 2021**



Dr. Bhupender Singh  
H.E.S.-I  
Principal (CDC)  
G.C.CW. Lakhan Majra

Programme Officer  
Mrs. Alka (Unit-I)  
H.E.S. - II  
Programme Officer  
Ms. Monika Kaushik (Unit-II)  
H.E.S. - II

**Government College for Women, Lakhan Majra  
(Rohtak)**

**National Service Scheme Unit- 1<sup>st</sup> & 2<sup>nd</sup>**

**Annual Session: 2020-21**

**February 19<sup>th</sup>, 2021 to February 25<sup>th</sup>, 2021**

Two units of N.S.S. of G.C.W. Lakhan Majra (Rohtak) Organized seven day N.S.S. camp in Heyr and Budan locality. This camp was organized from February 19<sup>th</sup>, 2021 to February 25<sup>th</sup>, 2021. In this camp, Programme Officer Mrs. Alka of Unit-I & Programme Officer Ms. Monika Kaushik of Unit II has been actively participated with 100 volunteers. The major focus of this camp was on the following topics “Motto and Objectives of N.S.S. and Social responsibilities of N.S.S. volunteers”, “About Exam Stress”, “Farm laws and their effects”, “Women Hygiene”, “Diet and Health Nutrition” and “Women Rights and RTI”. The precious information of first aid and home nursing as well as Meditation Sessions also given to volunteers during this N.S.S. seven day camp.

With full of zest and energy started inauguration of seven day N.S.S. camp in **HEYR and BUDAN COMMUNITY of LAKHAN MAJRA** with enlightenment of Diya in front of idol of Goddess of Saraswati. Dr.Ranbir Gulia gave a lot of information about N.S.S. like its Motto, Objectives, and Duties etc. and also motivates the volunteers. After this lunch break was there. Later on six days schedule with brief introduction was discussed with both NSS Units. At last of the day volunteers make their group for different duties and responsibilities with different names. Later on Programme Officers of Unit-I and II gave brief of camp activities like competition of every day like Poster Making, Singing, Sports, Pot Decoration, Poetry, Speech Competition etc.

With fresh start of the **second day** of the seven day N.S.S camp held at Lakhan Majra, Rohtak was accomplished by the speaker of '**Heart fullness Team**'. The head of the team herself and with all members of her team conducted a meditation programme and making them aware about the importance of peacefulness of mind. After that Dr. Shelly Dalal of N.R.S. Government College, Rohtak discussed about Motto and Objectives of N.S.S. and Social responsibilities of N.S.S. volunteers. After Lunch, Dr. Dinesh Berwal Assistant Professor of Pt. Neki Ram Sharma Govt. College, Rohtak discussed about exam stress and how we can reduce as well as overcome this. During evening volunteers cleaned the ground. After this, Pot Decoration Competition was held there and volunteers actively participated in this. Later on, planning for further days was discussed under the leadership of P.O's of unit 1<sup>st</sup> and 2<sup>nd</sup> Mrs. Alka and Ms. Monika Kaushik. This competition was successfully completed under the instructions of Dr. Bhupender Singh, the honorable Principal of GCW Lakhan Majra College. The camp of the day ended with motivational speech of respected Principal.

Volunteers started their **third day** of N.S.S. camp with valuable information given by Dr. Sunil Phogat about three farm laws with all possible pros and cons and motivated the volunteers that how much valuable to know about all such kind of laws and rights in positive and constructive way and he shared his experiences with volunteers. After that volunteers cleaned nearby parks. After that heart fullness team of Rohtak conducted a meditation class and shared the way to remove negative thoughts from mind. In evening session trained volunteers in beautification shared their views and provided valuable information. During the whole programme P.O. of Unit 1<sup>st</sup> and 2<sup>nd</sup> Mrs. Alka and Ms. Monika were present.

The **fourth day** of N.S.S seven days camp started with valuable lecture of Assistant Professor Anuradha Nandal. He shared his thoughts with volunteers and motivated them as well as spread awareness about theirabout power of meditation”. After this ‘Heartfulness team’ of Rohtak organized a meditation class and asked them to do so in their village and spread awareness of this. After lunch, an informative lecture given by Dr. Satyawan Jatain regarding the pre and post phase of COVID-19 with special impact of financial conditions of India. After this Dr. Nina Singh provided precious information about Women Hygiene. Later on there was a speech competition and topics were Impact of Covid-19 and Uttrakand Tragedy- a Natural Disaster. Volunteers actively participated in this competition. In this our day became successful with all valuable lectures and competition with presence of both NSS P.O.

The fresh beginning of **fifth day** of N.S.S. camp started with water conservation awareness rally in nearby localities. After this all the volunteers reached the Gurudwara of Lakhan Majra for cleaning activity and aware the villagers to do so. After lunch Assistant Professor Satish Panghal from Government PG College for women provided very precious information regarding career opportunities. He also discussed about different exams with all possible information and shared his experiences which schedule should be follow to achieve goals. . During evening volunteers organised a cleanliness campaign in front of residing community area of camp. Between 5 P.M. TO 6:30 P.M there was Poetry, Singing and dancing competition was organised and volunteers actively participated in this with presence of Programme Officer of UNIT-I and II.

On the **sixth day** of N.S.S. seven day camp volunteers start their day with an energetic lecture given by Dr. Varun Malik from A.I.H.M.S. Jat College, Rohtak. He discussed about Diet and Health Nutrition and its importance in daily life. After this a valuable lecture given by Assistant Professor Navinder Singh on Women rights an RTI. After lunch a lecture given by Dr. Subodh Rathi on nature conservation and discussed we can save our nature with all possible small efforts with best efforts of yoths. After this volunteers cleaned the front yard. The whole programme was conducted in the presence of Dr. Bhupender Singh, Honourable Principal of GCW Lakhan Majra and P.O. of Unit-I and II.



Chief Guest of the seven days N.S.S. Camp (held at Heyr and Thlli Community, Lakhana Majra) was honourable Dr. Vedparkash shoraen, who is himself a respectable Ex. Principal of Pt. NRS College, Rohtak. He addressed the students and encouraged the volunteers and gave advice by some stories to follow NSS objectives and motto. Our guest of the day was Dr. Jyoti Raj who discussed about different opportunities, possibilities and challenge of life with role of NSS. After that he informed volunteers about the importance and goal of N.S.S. Principal of our college Dr. Bhupender Singh told the volunteers about personality development and advised the students not to tolerate any unfair practice in the society. After that some cultural activities were conducted. After that P.O. of Unit- 2, Ms. Monika Kaushik presented the report of all the “seven day camp”. Chief Guest, Principal and P.O. of Unit-I and II gave awards to all the winners of different activities during seven days camp. Two best volunteers (Anshu and Priyanka) and two best campers (Anjali and Sheetal) have been selected and were awarded by special award for their extraordinary performance with trophies and Merit Certificates. With all these other volunteers who got first, second and third position also awarded in different competitions also awarded. In Pot Decoration (Ritu, Sonia and Nikki), in Poster Making Competition (Anjali, Ritu, Neha), in Speech Competition (Sheetal, Anjali, Garima), in Singing Competition (Muskan, Nishu, Kirti) and in Dancing Competition (Sarina, Kirti, Komal) got first, second and third position respectively. In the end P.O.

of Unit-I Mrs. Alka gave vote of thanks to the Chief Guest, Principal and Volunteers. All the present Professors, Chief Guest and Principal congratulated P.O. of both Unit-I and II on successfully completion of Seven Day Camp.

# **Report of N.S.S. Activities**

## **Session 2020-2021**

### **1. August 15<sup>th</sup>, 2020**

Independence Day was celebrated in the college

### **2. September 24<sup>th</sup>, 2020**

NSS Day was celebrated

### **3. October 2<sup>nd</sup>, 2020**

Mahatma Gandhi Jayanti was celebrated in college

### **4. October 14<sup>th</sup>, 2020**

Enrollment of volunteers for the current session 2020-21

### **5. October 20, 2020**

Display of enrollment list

Plogging was organized around the campus along with awareness drive in local village

6. October 31<sup>st</sup>, 2010

Unity Day was celebrated on anniversary of Sardar Vallabh Bhai Patel

7. November 11<sup>th</sup>, 2020

National Education Day was celebrated in college on the occasion of birth anniversary of Maulana Abul Kalam Aza

8. November 26<sup>th</sup>, 2020

Indian Constitution Day was celebrated in college.

Mr. Mehar Singh addressed the students and the staff Members.

9. January 16<sup>th</sup>, 2021

One day camp was organized in college campus in which all the participants/volunteers actively participated and various cultural & cleanliness activities were undertaken.

10. Feb. 19<sup>th</sup> to Feb. 25<sup>th</sup>, 2021

N.S.S. seven days camp was organized from 19<sup>th</sup> Feb. To 25<sup>th</sup> Feb., 2021

11. Feb. 26<sup>th</sup>, 2021

One day camp was organized in college campus in which all the participants/volunteers actively participated and various cultural & cleanliness activities were undertaken.

## N.S.S. Seven Day Camp Highlights in Different Newspapers and Other Pictures

### सात दिवसीय एनएसएस शिविर का शुभारंभ

1 of 1



लाखनमाजरा के राजकीय महिला महाविद्यालय में आयोजित सात दिवसीय एनएसएस शिविर में मौजूद अतिथि । ● विज्ञप्ति

संवाद सहयोगी, लाखनमाजरा : राजकीय महिला महाविद्यालय लाखनमाजरा में शुक्रवार को सात दिवसीय एनएसएस शिविर का शुभारंभ मुख्यअतिथि डा. रणबीर गुलिया द्वारा की गई। डा. गुलिया ने स्वयंसेविकाओं को संबोधित करते स्वामी विवेकानंद, महात्मा गांधी, लाल बहादुर शास्त्री आदि अन्य महापुरुषों की जीवनी से प्रेरणा लेने के लिए

प्रेरित किया। वहीं स्वयंसेविकाओं को एनएसएस के बारे में जानकारी व महत्व के बारे में बताया। वहीं, व्यक्तित्व का विकास नामक पुस्तिका का वितरण किया गया। दोपहर बाद स्वयंसेविकाओं द्वारा महाविद्यालय प्रांगण की सफाई की गई। इस अवसर पर उपप्राचार्य अनिता अमानी, कार्यक्रम अधिकारी अलका व मोनिका कौशिक सहित अध्यापक मौजूद रहे।

## छात्राओं को दी मेडिटेशन की जानकारी

**लाखनमाजरा** | राजकीय महिला महाविद्यालय में सात दिवसीय एनएसएस शिविर के छठे दिन मेडिटेशन व स्वास्थ्य संबंधी जानकारी दी गई। रोहतक जाट कॉलेज के प्रो. वरुण मलिक ने छात्राओं को मेडिटेशन व भोजन तथा स्वास्थ्य से संबंधी जानकारी दी। वहीं लाखनमाजरा कॉलेज के प्रोफेसर डॉ. नवींद्र सिंह ने छात्राओं को ह्यूमन राइट्स और आरटीआई के बारे में जानकारी साझा की तथा डॉ. सुबोध ने प्रकृति संरक्षण में युवाओं की भूमिका पर प्रकाश डाला।

**लाखनमाजरा** | राजकीय महिला कॉलेज में चल रहे एनएसएस शिविर का समापन गुरुवार को हो गया। मुख्यातिथि डॉ. वेद प्रकाश श्योराण और विशेष अतिथि डॉ. ज्योति राज ने छात्राओं को नैतिक मूल्यों से अवगत करवाया। शिविर में सर्वोत्तम स्वयं सेविकाओं में अंशु और प्रियंका को ट्राफी और प्रमाण पत्र देकर सम्मानित किया। अंजलि और शीतल को बेस्ट कैपर का अवॉर्ड मिला। पोट डेकोरेशन प्रतियोगिता में रितु, सोनिया, निक्की, पोस्टर मेकिंग प्रतियोगिता में अंजली, रितु, नेहा, भाषण में शीतल, अंजली और गरिमा, गायन प्रतियोगिता में मुस्कान, कीर्ति और नृत्य में सरीना, कीर्ति व कोमल प्रथम, द्वितीय व तृतीय स्थान प्राप्त किया।



छोटू का योगदान रहा। इस मौके पर रामसिंह, ऋषिराम, बिछाराम, श्रीनिवास, सीताराम हरि, काला, पूर्व सरपंच श्याम फूल आदि मौजूद रहे।



## पोस्टर मेकिंग में अंजली गायन में मुस्कान प्रथम

रोहतक। राजकीय महिला महाविद्यालय लाखन माजरा में चल रहे एनएसएस सात दिवसीय विशेष शिविर का समापन हुआ। समापन समारोह पर मुख्य अतिथि डॉ. वेद प्रकाश श्योराण और विशेष अतिथि डॉ. ज्योतिराज ने की। उन्होंने स्वयं सेविकाओं को समाज में अपना विशेष योगदान देने के लिए प्रेरित किया। शिविर में सर्वोत्तम स्वयं सेविकाओं में अंशु और प्रियंका को ट्रॉफी और प्रमाण पत्र द्वारा सम्मानित किया गया। सात दिवसीय विशेष शिविर में महत्वपूर्ण योगदान के लिए अंजलि और शीतल को बेस्ट कैपर का अवार्ड मिला। पोट डेकोरेशन प्रतियोगिता में रितु, सोनिया, निक्की, पोस्टर मेकिंग प्रतियोगिता में अंजली, रितु, नेहा, भाषण प्रतियोगिता में शीतल, अंजली और गरिमा, गायन प्रतियोगिता में मुस्कान, कीर्ति और नृत्य प्रतियोगिता में सरीना, कीर्ति व कोमल ने प्रथम द्वितीय व तृतीय स्थान प्राप्त किया। विजेता स्वयं सेविकाओं को प्रमाण पत्र और अनुशंसा पत्र के साथ सम्मानित किया गया। कार्यक्रम अधिकारी अलका और मोनिका कौशिक ने सभी का शुक्रांजलि दिया।





लाखनमाजरा | राजकीय महिला कॉलेज में चल रहे एनएसएस शिविर का समापन गुरुवार को हो गया। मुख्यातिथि डॉ. वेद प्रकाश श्योराण और विशेष अतिथि डॉ. ज्योति राज ने छात्राओं को नैतिक मूल्यों से अवगत करवाया। शिविर में सर्वोत्तम स्वयं सेविकाओं में अंशु और प्रियंका को ट्राफी और प्रमाण पत्र देकर सम्मानित किया। अंजलि और शीतल को बेस्ट कैंपर का अवॉर्ड मिला। पोट डेकोरेशन प्रतियोगिता में रितु, सोनिया, निक्की, पोस्टर मेकिंग प्रतियोगिता में अंजली, रितु, नेहा, भाषण में शीतल, अंजली और गरिमा, गायन प्रतियोगिता में मुस्कान, कीर्ति और नृत्य में सरीना, कीर्ति व कोमल प्रथम, द्वितीय व तृतीय स्थान प्राप्त किया।

## विद्यार्थियों को कोरोना से बचाव को किया जागरूक



Scanned with CamScanner

## छात्राओं को दी मेडिटेशन की जानकारी

लाखनमाजरा | राजकीय महिला महाविद्यालय में सात दिवसीय एनएसएस शिविर के छठे दिन मेडिटेशन व स्वास्थ्य संबंधी जानकारी दी गई। रोहतक जाट कॉलेज के प्रो. वरुण मलिक ने छात्राओं को मेडिटेशन व भोजन तथा स्वास्थ्य से संबंधी जानकारी दी। वहीं लाखनमाजरा कॉलेज के प्रोफेसर डॉ. नवींद्र सिंह ने छात्राओं को ह्यूमन राइट्स और आरटीआई के बारे में जानकारी साझा की तथा डॉ. सुबोध ने प्रकृति संरक्षण में युवाओं की भूमिका पर प्रकाश डाला।

Scanned with CamScanner











































